

Curriculum Vitae

Sivan Regev

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Education

- 2022** Postdoctoral student, Department of Occupational Therapy, University of Haifa, Israel
 “The emotional cost of daily time-organization as part of a system of functional skills of adults with neurodevelopmental disorders: a structural equation model”
Supervisor: Professor Sara Rosenblum
- 2021** Ph.D., University of Haifa, Faculty of Social Welfare & Health Sciences, Department of Occupational Therapy
 “The Observational and Behavioral Evaluation of Executive Functions among Severe Mental Illness (SMI) Clients while Performing a Shopping Task” (articles format, accepted October 2021)
 Supervisors: Prof. Naomi Josman, Dr. Avi Mendelsohn
- 2013** M.Sc., Occupational Therapy Department, Sackler Faculty of Medicine, Tel Aviv University
 “Validation of the Internet and Computer User Profile: A Questionnaire for Setting Intervention Targets in Occupational Therapy at Mental Health Occupational Centers”
 Supervisors: Dr. Naomi Hadas-Lidor, Dr. Limor Rosenberg, Prof. Avi Weizman
- 2008** B.OT, Occupational Therapy Department, Sackler Faculty of Medicine, Tel Aviv University

Experience

- 2019–present** Professional consultant, Ministry of Health Community Mental Health Services Committee
- 2017– present** Lecturer at the Mivchar Bnai-Brak campus, Bachelor’s level required introduction course, University of Haifa
- 2021–2022** Dissemination Executive, Laboratory for the Study of Complex Human Activity and Participation, University of Haifa

2010–2020	Fieldwork Supervisor for students of occupational therapy program
2008–2020	Occupational therapist and case manager, Vocational centers and hostel for people dealing with mental health issues in the community
2011, 2008	Occupational therapist; Cognitive and vocational examiner in private institutions

Publications

Chapters in Scientific Books (Refereed)

Josman, N., & **Regev, S.** (2018). Dynamic interactional model in severe mental illness, metacognitive and strategy-based intervention. In N. Katz. & J. Togli (Eds.), *Cognition, occupation and participation across the life span: Neuroscience, neurorehabilitation, and models of intervention in occupational therapy* (pp. 387-403). American Occupational Therapy Association.

Josman, N., & **Regev, S.** (2021). The use of virtual reality in occupational therapy. In A. Martini (Ed.), *Evidence-based occupational therapy: Assessment and intervention methods in neuropsychiatry and mental health* (pp. 378-392). Manole. [Português].

Articles Published in Refereed Journals

Regev, S., & Josman, N. (2020). Evaluation of executive functions and everyday life for people with severe mental illness: A systematic review. *Schizophrenia Research: Cognition, 21*, 100178. <https://doi.org/10.1016/j.scog.2020.100178>. (impact factor: 1.047, 2020) Psychiatry and Mental Health 145/571 Q2; Cognitive Neuroscience 43/123 Q2.

Regev, S., & Man, A. (2016). The multicultural narrative: Multiculturalism as a significant component in the occupational therapy intervention. *Israeli Journal of Occupational Therapy, 25*, H155–H165. [Hebrew]

Regev, S. (2014). "The world is a stage, but the actors are also people" (Haim Hefer): Project of performances at the Kol Machol U'Mikchol Vocational Center. *Israeli Journal of Occupational Therapy, 23*, H169–H174. [Hebrew]

Regev, S., Hadas-Lidor, N., & Rosenberg, L. (2014). The Internet and Computer User Profile: A questionnaire for determining intervention targets in occupational therapy at mental health vocational centers. *Disability and Rehabilitation: Assistive Technology, 1-9*. <https://doi.org/10.3109/17483107.2014.986225> (impact factor: 1.804, 2016) Rank 41/82, Rehabilitation Q2.

Diler, R., **Regev, S.**, Kastner, L., & Stoler, M. (2012). Supervision for occupational therapy students in the 21st century: Correspondence via electronic mail as a supplementary means for fieldwork education. *Israeli Journal of Occupational Therapy, 21*, H171–H184. [Hebrew]

Submitted Publications

Looking beyond the laboratory: Exploring behavioral and eye-fixation patterns in individuals with severe mental illness during a real-life supermarket task (**Regev**, Josman, & Mendelsohn; submitted to *Science Progress*)

Growth mindset and calibration errors: Mixed methods in examining a metacognitive pedagogical intervention for youth at-risk (Zlotnik, **Regev**, & Weiss; submitted to *Children and Youth Services Review*)

Papers in Preparation

How does context effect evaluation of executive functions and strategy use? (**Regev**, Mendelsohn, & Josman; in progress)

Other works and publications

Zlotnik, S., **Regev, S.**, & Weiss, P. L. (2022). "Journeys": A pedagogical method of encouraging a growth mindset and a sense of belonging for youth at-risk [Research summary report [Hebrew](#) and [English](#)].

Gottesman, N., Regev, S., Waxman, B., Cohen, M., Dagan, T. and Leib, G. (2017). Promoting a "healthy lifestyle" in mental health rehabilitation services in Jerusalem. Israel Psychiatric Rehabilitation Association (ISPRA) Newsletter [Hebrew; [Link](#)].

Active Participation in Scholarly Conferences

Conference	Place and Date	Title of Presentation or Discussion
24th Annual Cognitive Remediation in Psychiatry Conference	Columbia University, New-York, June 2022 (online)	Comparison of social cognition and executive function among people with and without severe mental illness on a shopping task. (E-poster) with S. Eckstein Robinson and N. Josman
30th European Congress of Psychiatry	Budapest, Hungary June 2022 (online)	(1) The path to function: using eye-tracking in a real-world task to understand the performance gap for people with severe mental illness. (Poster viewing) with N. Josman and A. Mendelsohn (2) Dissemination project: Linking Clinical Practice and Research towards daily function and Mental Health prevention. (Poster viewing) with O. Cohen Elimelech and S. Rosenblum

Conference	Place and Date	Title of Presentation or Discussion
7th Asia Pacific Occupational Therapy Congress	Manila, Philippines November 2021 (online)	(3) Let the soul speak: Promoting mental health awareness through arts and culture. (Poster presenting) with C. Ríos Mandel and R. Diller
29th European Congress of Psychiatry	Florence, Italy April 2021 (online)	With both eyes open: Translational research using eye-tracker together with performance-based evaluation of instrumental activities of daily living amongst people living with severe mental illness and a matched control group. (Oral presentation) with N. Josman
25th National Conference of the Israeli Society of Occupational Therapy	Israel (virtual conference) December 2020	(1) The meaning-to-participation continuum: Meaning in occupations as a motivation to participation. (Symposium presentation) with A. Biran-Ovadia (2) Stay in touch: A project involving the residents of Kotev Hostel to evaluate and intervene in their use of smartphones in case of lockdown or quarantine. (E-poster) with O. Romema & N. Oununu
American Occupational Therapy Association annual conference	Boston, United States May 2020 (online)	Scientific research panel: Insight into sight on site grocery shopping tasks performed by people living with severe mental illness: Eye tracker & performance-based evaluation. (Webinar session) with N. Josman and A. Mendelsohn

Conference	Place and Date	Title of Presentation or Discussion
24th National Conference of the Israeli Society of Occupational Therapy	University of Haifa May 2019	(1) Who Moved My Cheese? To make a change and make the most of it. (Symposium presentation) with T. Dagan (2) How are executive functions measured in daily activities for people with mental illness? Findings of a systematic review. (Poster + short presentation) with N. Josman
To feel, to function, to live: The meaning of the sensory processing for the mind, body and human in daily life function.	Occupational Therapy Department, University of Haifa December 2017	To see beyond the horizon: Measuring vision for people with severe mental illness while grocery shopping. with N. Josman and A. Mendelsohn
23rd National Conference of the Israeli Society of Occupational Therapy	Ono Academic College September 2017	OTcoffe: Toward a community of occupational therapists. with N. Katz
22nd National Conference of the Israeli Society of Occupational Therapy	Tel-Aviv University July 2016	Open spaces: Promoting visibility and involvement of participants in vocational centers. with R. Diler and M. Stoler
21st National Conference of the Israeli Society of Occupational Therapy	Jerusalem, Israel June 2015	"Time for Numbers!": Sudoku as an occupation and tool for improving thinking skills. (Poster)
20th National Conference of Israeli Society of Occupational Therapy	Haifa, Israel July 2013	Validation of the Internet and Computer User Profile: A questionnaire for determining intervention targets in occupational therapy at mental health vocational centers. (Poster)
Groups in occupational therapy, why and how? Israeli Society of Occupational Therapy, in cooperation with the Israel	Tel Aviv University February 2013	"Group journey as a bridge to the virtual world": The internet as a means and an enabling environment for group

Conference	Place and Date	Title of Presentation or Discussion
Association of Group Psychotherapy		participation. with L. Shtosel
18th National Conference of Israeli Society of Occupational Therapy	Convention Center Avenue June 2010	"From using a mouse to building a site": Using the computer as a tool for improving daily functions and changing the stigma of participants in the vocational center in the community. with L. Kastner

Teaching

2021	"Remote Intervention in Mental Health Perspective," Tel Aviv University Bachelor's level workshop
2021	"Psychosocial Aspects of Disability and Illness," University of Haifa, Mivchar Bnai-Brak campus, Bachelor's level required introduction course
2019, 2015 2010–2011	"Problem-Based Learning (PBT)," Tel Aviv University, Bachelor's level workshop
2016–present	"Mental Health: Principles of Therapy and Rehabilitation," University of Haifa, Mivchar Bnai-Brak campus, Bachelor's level required introduction course
2016	"Recovery, Rehabilitation, and Inclusion," The Rehabilitation School, Ono Academic College, Introductory course lecture and workshop, for Elwyn professional workers (social workers, trainers, etc.)
2014–2015	Training for nonprofessional workers in community mental health units, The Rehabilitation School, Ono Academic College, Lecture and workshop
2013	"Recovery, Rehabilitation, and Inclusion," The Rehabilitation School, Ono Academic College, Introductory course lecture and workshop, for Clalit Health Services occupational therapists

Scholarships, Awards, Research Grants or participation in Research, Grants

2019	National Insurance Institute of Israel grant for PhD students 30,000 NIS
2012	Steyer Excellence Scholarship 10,000 NIS

Miscellaneous

Certifications

- 2019 Supervision of community mental health workers, Rehabilitation School, Ono Academic College
- 2016 Accessibility Services, Ministry of Economy
- 2014 Good clinical practice fundamentals (GCP), GCP Clinical Studies Ltd.
- 2010 Clinical Supervisor, Hebrew University

Scholarly Positions and Activities outside the University

- 2006–present Member, Israeli Society of Occupational Therapy (IJOT)
- 2016 Psychiatry research reviewer for the published article, "State anxiety as a moderator of real world grocery shopping performance among people with serious mental illness"
- 2020–present Editor, Technology section and reviewer, Israeli Journal of Occupational Therapy (IJOT)
- 2017–present Member and Digital Manager, activist initiation, "Nefashot"

Summary of Activities and Future Plans

My activities these days are divided between research, practice, teaching, and social activism. Each component serves as a different root to reach my main goal of enabling people to become functional members of their respective communities.

I recently received my PhD degree via publications. The first article, a systematic-review, has been published, and two other articles are in the submission and review process. I have presented the work at several conferences in Israel and abroad and have been accepted to present it at upcoming conferences.

In the last year, I was working at the Laboratory for the Study of Complex Human Activity and Participation (CHAP; <http://chap.haifa.ac.il/>), part of the University of Haifa Occupational Therapy Department. I have been part of a team developing and updating the website to make it mobile friendly and publishing content on social media for the targeted population, which needs knowledge and aware of their evidence-based practice availability. My study in CHAP addresses the relationships among daily sensory and cognitive modulation, sleep and time-organization, and the emotional experience of adults with neurodevelopmental disorders.

Apart from my PhD, I was involved in a JDC Joint-Ashalim-funded project with a colleague, first as an assistive researcher and later as a collaborator researcher. The study population was Youth-at-Risk, and I found points of interface with my research population.

For the last 12 years, I supervised occupational therapy students in their fieldwork. For almost a decade, I taught in several formats and institutions in occupational therapy and mental health programs. Currently,

I teach in the Mivchar ultra-orthodox program of the Occupational Therapy Department of the University of Haifa at Beni-Brak.

I have practiced occupational therapy in group and individual settings at vocational centers and hostels for people with mental issues. Today, I work as a consultant at the Ministry of Health Committee for Mental Health Services in the Community. Moreover, I am involved in a mental health initiative, Nefashot, which promotes events in the cultural arena with the goal of improving mental health awareness and reducing stigma (www.nefashot.com/en).

My plan for the next step in my journey is to integrate into a lab abroad, where I can learn new research methods and, in return, use my skills to enrich the lab. By advancing my knowledge and perspectives from my previous studies, I hope to prepare myself for new opportunities in my professional career.

These activities and plans aim at my main goal of becoming a scientist in the occupational therapy field. Along with my desire to promote mental health research, I am interested in advancing everyday technology and how it influences human behavior. Through research and education, I can promote these topics and contribute to theory.